

BREAKFAST

LE PARISIEN

CONTINENTAL BREAKFAST 30

Your selection of juices

Orange, pineapple, grapefruit, apple, cranberry, tomato

Seasonal sliced fruits Market selection

Cereals Corn flakes, All Bran, Sultana Bran, Special K, Crunchy Nut Corn Flakes, Coco Pops, Just Right, Weet-bix

Sofitel Viennoiserie basket

Served with butter and Beerenberg jams
French butter croissant, chocolate croissant,
Danish pastry, French baguette or toast

Your selection of hot beverage

Hot brewed coffee, decaffeinated coffee, Ronnefeldt teas,
full cream milk, skim milk or soy milk

Nespresso machines are available
at the bar for your convenience

Barista made coffee 3.5
Espresso, cappuccino, latte, flat white,
Sofitel hot chocolate or mocha

LE WENTWORTH

BUFFET EXPERIENCE 40

Farm fresh eggs any style

Fried, scrambled, poached, boiled, omelette, egg white omelette

Accompanied with

Riverina bacon, cooked ham, seasonal sausages, roasted chat potatoes, Roma tomato and sautéed button mushrooms

Your selection of juices

Orange, pineapple, grapefruit, apple, cranberry, tomato

Seasonal sliced fruits Market selection

Cereals Corn flakes, All Bran, Sultana Bran, Special K, Crunchy Nut Corn Flakes, Coco Pops, Just Right, Weet-bix

Sofitel Viennoiserie basket

Served with butter and Beerenberg jams
French butter croissant, chocolate croissant,
Danish pastry, French baguette or toast

Your selection of hot beverage

Hot brewed coffee, decaffeinated coffee, Ronnefeldt teas,
full cream milk, skim milk or soy milk

Nespresso machines are available
at the bar for your convenience

Barista made coffee 3.5
Espresso, cappuccino, latte, flat white,
Sofitel hot chocolate or mocha

FARM TO FACE

FARM FRESH EGGS

Two farm fresh eggs any style 19
(Fried, scrambled, poached, boiled, omelette, egg white omelette)
Served with roasted chat potatoes, Roma tomato, sautéed button mushrooms and Sonoma sourdough

Extras 8 each
Seasonal sausages, Riverina bacon, sliced ham,
sliced turkey

Classic eggs Benedict 24
English muffins, light smoked ham, two poached farm eggs,
Hollandaise sauce, served with roasted chat potatoes.

w/ Huon Tasmanian smoked salmon 26

DELIGHTFUL

YOUR HEALTHY CHOICES

SYDNEY SELECTION (333 cal)	20	EDWIN FLACK SELECTION (325 cal)	20
Coffee or tea No sugar		Coffee or tea No sugar	
Low fat milk 125 ml (63 cal)		Low fat yoghurt 125 ml (100 cal)	
Chicken breast 125 g (165 cal)		Seasonal fruits 200 g (120 cal)	
Cereal bread 50 g (105 cal)		Whole wheat toast 50 g (105 cal)	
Butter & jam (65 cal)		Butter & jam (65 cal)	
Light butter		Light butter	
St Dalfour sugar free jams		St Dalfour sugar free jam	

Baked egg whites with green asparagus (284 cal)	16
Eggs whites, cream, asparagus, salt & pepper	
Egg white and fresh herb omelette (173cal)	19
Served with roasted vegetables	



PETIT BREAKFAST

SMALL PLATES OF GOODNESS

Traditional organic oatmeal	11
Served with apple, raisin and brown sugar	
Sofitel's famous Bircher muesli	11
Cereals	9
Corn Flakes, All Bran, Sultana Bran, Special K, Crunchy Nut Corn Flakes, Coco Pops, Just Right, Weet-bix, Organic Granola, Gluten Free Cereal.	
Served with full cream, skim or soy milk	
Seasonal sliced fruits Market selection	9
Seasonal whole fruits Market selection	9
Seasonal fruit salad Market selection	9
Light Greek yoghurt	6
Natural, low fat or mixed with berries	

LIQUID GOODNESS

BARISTA TO BUBBLES

Veuve Cliquot NV Brut  gls	23
French press brewed coffee	6
Ronnefeldt teas	6
Black, white, green and herbal tea selection	
Barista made coffee	6
Espresso, cappuccino, latte, flat white, Sofitel hot chocolate or mocha	
Fresh squeezed juices	8
Orange, pineapple, grapefruit, apple, cranberry, carrot	
Fresh fruit smoothie	8
Detox juice	8
Fresh squeezed vegetable juice	8

DELICATESSEN

DELICATE MEATS & CHEESES

Market fresh vegetable salad	14
Infused with a lemon and extra virgin olive oil vinaigrette	
Mixed field greens	12
With a drizzle of white balsamic dressing	
Sofitel cheese selection	18
Tasmanian double brie, Meredith Dairy goats milk, Mafra aged cheddar, served with lavosh and grissini	
Huon Tasmanian smoked salmon & gravlax	18
Served with whole wheat toast & condiments	
Charcuterie selection	18
Assorted cold cuts served with gherkins, pickled onions, bread sticks	

FROM PASTRY

WITH LOVE

Sofitel Viennoiserie basket	15
Served with butter and Beerenberg jams, French butter croissant, chocolate croissant, Danish pastry, French baguette or toast	
Selection of breads	10
Your choice of 3 French baguette, sourdough, brioche, dark rye, ciabatta, white, multigrain, raisin, rye, gluten free bread Served with butter and Beerenberg jams	
Fluffy pancakes	15
Plain, blueberry or banana. Served with Canadian maple syrup and house whipped cream.	
+ Riverina Bacon	8
Belgian waffles	15
Served with sugar and house made jam, Belgian chocolate sauce or house whipped cream	
French crêpes	15
Served with lemon sugar, house made jam or served plain	
French toast	15
Served with Canadian maple syrup and house whipped cream.	
+ Riverina Bacon	8

GARDENCOURT